

The Blessed Marriage Course 17

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HOON DOK HWE SUPPLEMENT: Words of True Parents

Session 1: Building Strong Foundations

Synopsis: Time together as a couple is crucial to the health of your relationship. Many couples split up because they do not invest in their relationship.; we need to nurture each other. (Suggestion: DP take could be focused on husband-wife unity, husband wife relationship as the foundation for the family (i.e. four position foundation).)

“In the first three years or so, you won’t fit together well... [Couples] should make an effort to fit together until they become one.” - TF, BMP Energize Retreat booklet

1. God

“How much did you prepare yourself to receive this day of feasting that is called God’s Day? Did you prepare more than you would prepare for the wedding of your only son? Ladies, on your wedding day, you must have made every effort to beautify yourself as best you could, washing yourself again and again and scrubbing all the dead skin off your body, before you entered your bridegroom’s chamber. Did you make more preparations than that for God’s Day? You men, did you prepare yourself to attend God’s Day with a heart more joyful than the heart with which you welcomed your bride? You may have overcome numerous obstacles, crying out, ‘I will die if you do not become my wife!’ You may have surmounted difficult and even hopeless circumstances before finally achieving your desire to become her bridegroom. How much more extensively should you have prepared for this one and only holy God’s Day ceremony, for which humankind has longed for six thousand years?” (2nd CSG pp. 1217-8, 11-5-1 #14)

“If Adam and Eve had achieved individual maturity, the perfection of their character, by upholding absolute sex in accordance with God's Will, and had then entered into conjugal relations through His Blessing, they would have attained complete oneness with Him. God would have dwelt within their union. Also, their children would have been linked to this holy order of love, enjoying a direct relationship with God as their Parent. In other words, the marriage of perfected Adam and Eve, based on absolute sex, would have been God's own marriage.” (PHG 631)

“Due to the Fall, human beings lost God’s love. Without God’s love, we have been making human relationships. That’s why, even though the original mind is yearning for true love, there is no true love.” (BIF 501)

“Weddings held until now were centered on the two individuals involved, but the holy marriage Blessing centers on returning joy to God.” (PHG 598)

2. Parents

“In a Korean family, when the parents rise in the morning, their daughter-in-law, who is already awake, goes to them and pays her respects. Then she folds up their bedding, cleans their room and prepares their meal. This is a norm in Korea. In order to indemnify fallen history, we must establish the law of filial piety as the highest among all laws. In the nation, filial piety should be the highest of all laws.” (2nd CSG p. 1154 #11)

3. Commitment

“The covenant of love centering on God's true love are eternal and absolute. The marriage bond can never be seen as conditional or limited, because true love seeks to give perpetually. When two people come together in such love, they form an eternal association that no force can sunder.” (TM, PHG 923)

4. Purpose

“Why is marriage important? It is important because it is the path by which we seek true love, the path for creating life, and the path on which the lineages of a man and a woman are commingled. Through marriage, history is made, and on that foundation, nations are born and the ideal world can begin.” (PHG 592)

5. Man and Woman

“The embrace of man and woman itself is the union of the whole universe. It is like the original appearance of creation centering upon God's ideal.” (BIF 479)

“Man and woman have equal value only as a married couple that is united as one in body. They stand in the position of the partner of God's true love, and the Creator and human beings thus come to have equal value centering on true love.” (TM, PHG 878)

“Ours is a movement based on the East Asian principles of harmony that stress mutual accord and complementarity. Our ideal is to seek out tasks that men cannot perform, that is, tasks that can be performed only by women, so that we can join men in complementarity in order to establish true families.” (TM, PHG p. 927)

“Women have the important role of bearing children, raising them, and guiding the family as God’s representatives, with the uniquely feminine sense of affection and love that God has granted to women. God endowed each woman this original feminine nature.

“By nurturing the fruits of love and investing in her children’s upbringing, a woman connects and extends the traditions and lineage of her family. For this reason, her role as a mother in cultivating character and raising her children to have healthy, wholesome natures is the highest function of womanhood. In fulfilling this role, women truly represent the heart of God.

“As the future unfolds, humanity will live interdependently in a pluralistic, global society. A culture of peace will be established across the globe. When this happens, the precious role of women who are grounded in the love of God will be recognized as absolutely essential to the family and, hence, to the society, nation and world. That is because women play a sacred role that is both civic and lineal. We carry the future of humanity in our wombs; we give birth to and nurture the unlimited potential of human beings.” (TM, PHG 951-2)

Session 2: The Impact of Family

Synopsis: Our expectations of each other may have come from how we observed our parents roles in their relationship (e.g. Mom always sent out Christmas cards so we grow up thinking that's what the wife should do..). But our relationship with our families must have clear boundaries because it could eventually come between us in our marriage. Also, resentments that we harbor in our family relationships can also have an impact on our marriage.

“God did not want Adam and Eve to remain merely an individual man and an individual woman. He looked forward to the new family they would form through their union. This is God’s primary purpose in creating men and women. It is only when we establish true families, and when we live with a sense of fulfillment within true families centered on God’s love, that we will be able to enter the kingdom of heaven without any problem. This is the only way we can transcend this world.” (PHG 650)

In our faith tradition, we marry two lineages, not just two individuals.

“Raise your hand if you are a second-generation blessed child. You took part in the Blessing through your father and mother. You represent the flesh and blood of your parents coming together in one concave cauldron of love. Neither your mother nor your father is in such a position. You are part of the tradition that has inherited God’s lineage.” (PHG 1628)

“Lineage is the bridge allowing the parents’ spirit to carry on through subsequent generations.” (PHG 608)

“To enter the Wonjeon means to find our way to the original palace within our mother's womb. Where is your Wonjeon? It is the inside of your mother’s womb before you were born. From the moment your father’s sperm met your mother’s ovum, although one was small and the other large, they breathed together, clung to each other and lived in joy. They dwelt together, holding on to each other and giving each other a boost. ... You are to find your way to the origin within God's ideal, which existed before your mother's ovum met your father's sperm and you were born on earth.” (582-144, 2007.12.6, 2nd CSG p 1188, #14)

“The kingdom of heaven is nothing more than a three-dimensional expansion of the family; it does not exist separately from the family. So when you embrace your husband or wife, you ought to think of this as creating the union of all men and all women in the world.

“To love your parents is to connect past history with the present era; it is to pave a road that will let God come to you. This is the reason you must love your parents. To love your parents is to connect everything in the past to yourself as an inhabitant of the present, thus bringing together the past and the present so that they become one.

“Also, loving your own children is to connect the present reality with the future. Unification Thought is the philosophy that extols such love and teaches how it can be practiced throughout eternity.” (PHG 651)

“Let us consider a family that is based on love. Since the relationship between parents and children is characterized by unity, we can say that they form one body. Likewise, husband and wife form one body through their mutual relationship, as do brothers and sisters. All members of the family form one body.

“In such a case, what is the common center shared by these relationships? In forming one body, they have God's true love, which is at the center of all love, as their common center. With true love as the center of their relationships, parents and children become one, husband and wife become one, and brothers and sisters become one. Through this process, each part of the family becomes equal in value.” (PHG 536)

“The family is the most precious hearth of human love and life. It is more important than all value systems and ideologies as well as all policies and social systems. Through the family, history and nations come into being and the ideal world begins. If there is no family, then there is no meaning in individual existence and there will be no passing of love through the generations. Therefore, the family takes precedence over all values, ideologies, systems and structures. The family is the most precious and fundamental base for the love and life of men and women.” (PHG 554)

Session 3: The Art of Communication

Synopsis: We must learn to practice active & effective listening techniques in order to truly hear each other. Each of us has something that we want to share with our partner and through sharing, we can build intimacy & trust.

“Our teaching is ‘to live for the sake of others.’ It is the basic guiding principle in the construction of a peaceful world. The origin of such true love is God, and to realize this true love, God created humankind.

“When God created human beings, why did God create them as man and woman, each to become the object partner of the other? It was because of true love. It was so that, in the midst of that true love, the husband can share love with his wife and the wife with her husband. When the husband and wife share horizontal love with one another in this way, they come to possess the love of God, the origin of the husband and the wife.

“Through the horizontal love between a man and a woman, human beings can form the connection of love with God vertically. A man and a woman marry, rooted in true love, in order to possess each other’s world horizontally and to possess God’s love vertically. They own the Creator and all created things because true love entails the right of inheritance. Human beings attain their original desires through the horizontal connection with each other and the vertical connection with God.” (TM, PHG p. 877)

“The subject or object partner who lives for the sake of his or her partner never perishes. When there is a perfect subject partner who lives for the sake of others, a perfect object partner is bound to appear. When there is perfect object partner who practices life for the sake of others, a perfect subject partner will definitely appear. Even though the partner doesn’t appear right away, if you don’t give up until the end, he or she definitely will come. If you cannot get the direct result in your lifetime, your mind should believe that it will surely come in the following generations.” (BIF 501)

“True love is the motive and power behind creation, reproduction and development. The more you invest, the greater it grows, and it comes back to you with even more than you gave. Only in true love can the idea of eternal life become a reality.

“What is the purpose of marriage? It is for man and woman to center on God’s love, possess God’s love and unite. Such a union is the origin of peace and of the universe itself. Because God’s eternal love dwell where people live for others, such a family will endure forever.” (2nd CSG p. 1055 #4)

“Women are the individual embodiments of truth representing one of the two natures of the incorporeal God, who possesses yin and yang in both external form and internal nature. When God created men and women, God established them as the ideal object partners of each other and made it so that they

can become one through true love. Each perfects the other and becomes one with the other.” (TM, PHG 947-8)

“A wife should think that her husband is God’s representative. She should be in the position of a daughter to her husband. A husband should treat his wife as his mother, and they must be so intimate that they cannot stay away from each other even one day. They are each to be an existence absolutely needed by the other.” (BIF 480)

“In order to think of your wife as your mother, you have to be the baby. Be a baby! It is not bad to be a baby. A woman likes a man playing on affections. Unless you are determined to restore the lost love of woman, you cannot restore the original family standard.” (BIF 481)

“Husband and wife should love each other as God’s representatives. If you love from a humanistic point of view, you will eventually get divorced after discovering each other’s shortcomings.” (BIF 488)

“The husband should be able to sacrifice himself for the sake of his wife and the wife should be able to sacrifice herself for the sake of her husband. Such a couple is related to and protected by God’s direct dominion of love, so it is impossible for them to fall.” (BIF 489)

“In the secular family, when a husband earns money, power is produced. The money earned by the husband is the source to energize the wife and the husband gets energy by looking at his energized wife. That’s why they are anxious and their relationship is apt to be broken when the husband doesn’t earn money. The true husband and wife should center upon God’s love.” (BIF 489)

“Husband and wife meet in the presence of the heavenly law; their meeting is not caused by themselves. If we keep our integrity in relation to God, we can break through and advance upon our way.” (BIF 490-1)

“During the first three years of marriage, you have a hard time engrafting to your spouse because your family background, habits and etiquette are totally different from your spouse’s. They do not fit each other, but you must make a deliberate effort to make them fit.” (BIF 499)

“The most important thing is to share a time of confidential love talk at the dinner table. If she comforts her husband over his hard day of work with the whispering sound that she had in their first meeting, his fatigue will fade away and their conjugal love will become deeper.” (BIF 504)

“The wife should make her husband successful; that is to say that she should be his great supporter. Be the perfect man in substance, heart and living. The place where God’s heart blossoms is the family.” (BIF 505)

“Even though you are so extremely beautiful and capable that you can lead a comfortable life on your own, you should follow your husband regardless of any suffering as long as he is centered upon God.” (BIF 505)

“Your ears should be able to go over the rugged mountains. How will you do if you are matched to a man who curses you every day? You should be able to say to the husband who is cursing you right after breakfast, ‘Please wait and curse me after eating lunch,’ and at lunch time, ‘Curse me only after finishing dinner.’ If he continues after dinner, you should be able to say ‘Please sleep first and curse me later.’ Then Satan will go away in forty days because there's no fun in what he is doing.” (BIF 507)

“You should think carefully what to say to your bridegroom at the first moment you offer your life to him. A sister who is determined to be completely obedient to her husband with such a serious heart will surely receive his love. The wife should be the person who can be responsive for the sake of her husband.” (BIF 507)

“I want to advise wives to awaken their husbands from sleeping, accusing them, ‘Why do you always sleep?’” (BIF 508)

Session 4: Resolving Conflict

Synopsis: Man and woman are created differently and we need to respect and appreciate those differences. We must also understand how we approach conflict differently, appreciate those differences but tackle our problems together, not let them get in between us. This session also touches on the power of praying for each other within the couple.

“Please pledge that you will live your life with gratitude and in eternal service to your spouse.” - TF, BMP Energize Retreat booklet

“When a husband and wife live hand in hand, dreaming optimistically of the future and denying the fallen reality, they will be able to go through any difficult environment. The difficult reality will not damage their future but will stimulate in them a new vision for the future.” (BIF 487)

“The reason people strive for everlasting, unchanging love between a husband and wife, yet can’t seem to achieve it, is because Adam and Eve’s original separation from God, the Fall, was caused by false love and adultery.” (TM, PHG 527)

“The most important factor in forming such a family is true love. The word love has various meanings. However, I’m speaking here about true love, which refers to the absolute love centered on God. In other words, true love is to love even someone who seems impossible to love, and thus, in true love you have no choice except to love even your enemies. Furthermore, true love is the sacrificial love of even giving one’s own life for others.

“The family is a training ground for setting up the palace of peace in this world. The husband and wife have to live for each other, with true love as the center of the moral law.” (2nd CSG p. 1056 #11)

“No matter how advanced two people may be in the world of knowledge, one will always know more. If there is one single thing that exists that can form a place of equality, it has to be love.” (2nd CSG p. 1032)

“When you look into your lives, your outer self and inner self are undeniably in a relationship of ongoing conflict and struggle. How much longer will you allow this fighting to continue? Ten years? A hundred years? In contrast, there is undeniably a proper order for all forms of existence in the universe. This indicates that God did not create us in this state of conflict and disorder. You need to know that it is your duty and responsibility as a human being to dispel all temptations directed at your outer self, your physical body, to work to perfect absolute sexual morality, and to gain victory in life by following the way of your inner self, your conscience. Heavenly fortune will be with those who lead their lives in such a way.” (PHG 636)

“In living for the sake of others, true love gives everything one hundred percent, one thousand percent, and creates a vacuum. It follows the same principle as when air in an area of low pressure generates a circulatory motion from an area of high pressure. Accordingly, when you try to live absolutely for the sake of others, you will activate infinite power.

“When women stand in the subject position of love as a mother or play a central role of love as a wife or a daughter, they become incomparably strong. When they give one hundred percent for the sake of their object partner, the void created by their giving is filled with God’s love and the power of God’s love is put in motion. Therefore, even for women, when they take after God and assume the subject position of passionate love, the power of that love manifests as an amazing strength that can save the family, the nation and the world.” (TM, PHG 897)

“The principle of love is that when love sacrifices for something that is greater, the level of that love is elevated. When you sacrifice for something greater, rather than being absorbed by it, you can stand at its center and face a new dimension. The reason that Christianity became a religion of resurrection is that it teaches us to sacrifice for others.” (TM, PHG 899)

“A true husband and a true wife represent God’s binary poles, and each exist to form one harmonious body as the representatives of heaven and earth. Men and women are not created to live in self-centeredness.” (PHG 577)

“True love has the power of resurrection that can bring a dead person back to life. We can receive the seeds of true love only by receiving the true holy Blessing from the horizontal True Parents. They come as substantiations of God, the vertical True Parent, and thereby engraft us into God’s lineage. ... Only by being engrafted into the lineage of goodness through the True Parents can you find a way to overcome the struggle between your mind and body.” (PHG 590)

“Since God is a being of dual characteristics in harmonious union, can a man and a woman be the same? No, they are different.” July 12, 2011 <http://www.tparents.org/Moon-Talks/SunMyungMoon11/SunMyungMoon-110712a.htm>

“Sometimes you have to fight. In order to understand what kind of person your husband is, you need to sometimes fight with him, sometimes make love with him, and sometimes travel with him.” March 19, 2012 <http://www.tparents.org/Moon-Talks/SunMyungMoon12/SunMyungMoon-120319a.htm>

“There is a saying that a fight between a husband and wife is like cutting water with a knife. When you cut water with a knife, it doesn’t leave a trace. Likewise, even after fighting, a couple can put their foreheads together and giggle, and everything is settled. Only with love can peace come.” *Second Cheon Seong Gyeong*, p. 314, #22

“If you look at the Chinese character *ho*, meaning ‘good,’ it combines characters for a female person and a male person. When a husband and wife fight, there seems to be no way to reconcile them, so what’s good about that? Yet if the two of them are in love, even after fighting ten times they can come

together again. That's the enormous power of love." *The Way Our Blessed Families Should Go*, August 21, 1971, p. 52, see <http://tparents.org/Moon-Talks/SunMyungMoon71/SunMyungMoon-710828.htm>

“Some of the blessed couples may complain about their spouse. They are the ones who do not know God’s sorrowful path, which has headed toward the establishment of the Kingdom of Heaven in the future. God knows the difference in standard between you and your spouse. When you keep your heart grateful to God, even though your spouse is not satisfied with you, He will bless you abundantly in the near future. The grateful heart is the absolute condition to for receiving God’s blessing. We must be the ones with such heart.” (BIF 499)

Session 5: The Power of Forgiveness

Synopsis: Knowing how we both react in anger (attack or withdraw) can help us to learn better how to identify when we have hurt each other. Then we must acknowledge the hurt and help each other to heal from unresolved issues.

True Mother “God’s true love is love that forgets it has invested, so it invests again and again and again. If the memory of having given remains, then love cannot flow freely and endlessly. Because love moves endlessly, one cannot hold onto the memory of having given. Even if one gives again, love continues to flow because the memory of giving does not remain.” (PHG 919)

True Mother: “The world today is calling for peace, reconciliation, compassion, love, service and sacrifice. It is an age in which our current problems cannot be solved by the masculine logic of power. We need to solve problems by the feminine logic of love.” (PHG 917)

“Spouses must forgive. Whatever wrongs have been done, whatever mistakes are being made, each has a noble deed to perform: each must forgive. There is an error: not only the error of your spouse but the error of humanity. The Lord's Prayer says, ‘Forgive us our debts as we also have forgiven our debtors.’ If we want God to forgive us, we have to forgive each other first.

“A mistake is not merely a test of a marriage. It is a test of your faith, of how you will stand before God in the midst of moral crisis. Can this marriage, which was founded centered on God’s tradition, uphold that tradition today? Can you prove your generosity and mutual forgiveness? Can you love? This is the test for your couple.

“The Bible speaks of the time the scribes and Pharisees tested Jesus. They brought him a woman to be stoned. She had been caught in the act of adultery. Mosaic Law demanded retributive justice. But Jesus' message was forgiveness. ‘He stood up and said to them, “Let him who is without sin among you be the first to throw a stone at her.” ...But when they heard it, they went away, one by one, beginning with the eldest, and Jesus was left alone with the woman standing before him. Jesus looked up and said to her, “Woman. Where are they? Has no one condemned you?” She said. ‘No one, Lord.’ And Jesus said, ‘neither do I condemn you: Go. And do not sin again.’” (John 8:3-12) No one dared to cast the first stone!

“Who between you will be the one to cast the first stone? This is no time to cast stones upon your spouse. This is no time to cast stones upon one another.”

“The revengeful legalism that says 'a life for a life, an eye for an eye, a tooth for a tooth, a hand for a hand, a foot for a foot, a burn for a burn, a wound for a wound, and a stripe for a stripe' cannot stem from the character of the Creator God. God is the God of love and forgiveness.” (1st PHG p. 121)

“Through Jesus, God revealed His true loving character in which He loves His enemies and forgives a brother’s faults, not just seven times but even seventy times seven. (1st CSG p. 125)

“I fully understand what it is like to determine to fulfill God’s will. I know what God’s love is like, and I know that I must both kneel in gratitude and walk the path to offer forgiveness.” (1st CSG, p. 156)

“When people betrayed me and turned their backs, I could have exploded in indignation and resentment saying, “Those reprobates should be struck by lightning.” Yet when I thought about the heart of God who longs for their return, I could not do that. Each time I grasped that suffering heart of God, and had the heart to forgive, a new segment, like that of a bamboo shoot, was created.” (1st CSG 163)

“From whom originates the love that embraces and forgives everything? Love does not start from human beings. It starts from God, who is the Subject of love.” (1st CSG p. 327)

“There is no rule preventing forgiveness for the one who repents through the love of his parents. Hell must also be liberated through this kind of heart. That is the way of a true filial child, isn’t it? Therefore, we in the Unification Church speak of saving even hell. Why? It is because God is such a being.” (1st CSG p. 654)

“Who is Satan? He is the adulterer who violated Eve who was to become the wife of God. She was meant to be Adam’s wife, and, at the same time, God’s wife. Satan is the adulterer who violated Eve, God’s wife-to-be. Satan is the enemy of love. So, even though God loves His enemies, He has not told us to love Satan, the adulterer. Satan cannot be forgiven. God loves people who belong to Satan, but He cannot forgive Satan. This is the Principle, so you must know it.” (1st CSG 1141)

“Only through the power of true love can we be forgiven. However strong false love may be, it disappears automatically in the face of true love.” (280-315, 1997.2.13) 1st CSG 1391)

“No matter how great your sin is, admit it frankly to God, saying, “Heavenly Father, I have committed such a wrong thing!” In confessing your sins to Him in your prayer, you can declare to Him, “Shouldn’t the original mind, the heart of a father, the heart of a teacher, and the heart of the citizens of a nation be like this? With such a heart, I will be filial and loyal and be connected to Your love. My heart will never waver. Please take into consideration this resolution, and forgive me for all the wrongs that I have done as I have now made this resolution. Won’t you forgive me?” Then God would reply, “Hmm....” You need to know how to pray.” (1st CSG 1482)

“Nothing can be achieved unless mind and body are united. This is what you should focus on. If something weighs on your mind during prayer, you should repent. When repenting, you should not do it alone. The four directions of north, south, east, and west need to be arranged first. You need to speak it aloud in front of those closest to you, such as your parents or your teacher. After doing so, you also need to make public what you have done wrong in front of your children and students. “I have done

this thing; do you think I can be forgiven?" In this manner, you need to walk a path where those closest to you can support you with one heart. Do you understand what I am trying to say?" (1st CSG 1486)

"You need to reflect at every mealtime – breakfast, lunch and dinner – and also when you wake up in the morning and go to bed at night, on whether you have fallen into a position of having induced a relationship with Satan once again, through disunity of your mind and body.

Conflict between husband and wife should not exist. It causes nothing but problems. Until now you have lived as you pleased, but in the future a time will come when family feuds are subject to the heavenly law. These laws will be severe; there will be no forgiveness. The women in particular must beware. Fallen women need to learn to control their tongues. They need to watch what they say. Women have important responsibilities to shoulder, because all responsibility will lie with them." (1st CSG p. 1524)

"Woman and man are different in one respect. What way is that? Is it not in their sexual organs? Does a woman's sexual organ belong to her? Does it belong to her after she is married? It is her husband's. Also, what is that dangling from the body of the husband? Whose is it? It is the woman's for eternity. The right of ownership of absolute love is determined centering on true love. If the husband has an affair in the satanic world there is only way he can be forgiven; that can happen when he has taken a knife to cut it off, but then does not only because his wife held his hand back and prevented him from doing so." (1st CSG 1751)

"Man was born for woman. Woman was born for man. Thus, the sexual organs of man and woman do not belong to them. God is very wise; He interchanged the owners. Aren't those men who have affairs utter scoundrels? They are the lowest of the low and deserve to be struck down by lightning! Such behavior can never be forgiven in the Unification Church." (1st CSG 1752)

"What should blessed couples do if they fight? They should call their physical children and then their spiritual children to ask their forgiveness because the former represent Abel and the latter represent Cain. Having gone against the tradition that Cain and Abel should follow, they did not make Cain and Abel unite but did the opposite instead, and therefore must repent before them. Such a time will come. We share a common destiny. When the children do something wrong, they must obtain their parents' forgiveness. If the husband, their father, does something wrong, he must beg them, and his wife, for forgiveness. This is the true family with true love at the center." (1st CSG p. 2250)

Session 6: Good Sex

Synopsis: Sex is an essential component to a healthy relationship. We should be able to freely communicate our desires and needs with each other in order to have a healthy sex life. Men & women approach sex differently and we must recognize our differences and acknowledge each other's needs.

“The laughter of a husband and wife who are intoxicated in love is relative. The man opens his eyes wide, and the woman gently closes her eyes when they laugh. When the husband's eyes get bigger and the wife's eyes get smaller, they become more intoxicated in love.” (BIF 493)

“What is the difference between a man and a woman? Their bodies are different, including their sexual organs. Then for whom is a man's sexual organ absolutely necessary? A man's sexual organ exists for the sake of a woman. The human sexual organs are shaped as concave and convex. Why are they shaped that way? Both could be pointed or both could be flat. Why are they shaped differently? Each is for the sake of the other. A woman absolutely needs what is part of a man's body, and a man absolutely needs what is part of a woman's body. Until now, we did not consider the fact that a woman's sexual organ absolutely belongs to a man, and a man's sexual organ belongs to a woman. By owning each other's sexual organs, man and woman come to know true love. Only through the experience of two becoming one can we know the highest level of love.” (PHG 539)

Value of the love organs

Do you all know into which part of the body God invested His greatest creative effort? It is the sexual organ.

If human beings had not fallen, their reproductive organs would have been God's Holy of Holies, where God would reside and where His love would dwell. Of all the things God created, it is the most complex, the most stimulating, and the most sensitive. It is the zone of contact through which a man and a woman can be fulfilled in love.

All physiological senses are concentrated at the sexual organs. God exercised utmost diligence in creating them. As such, they became the organs that connect history and re-create life.

If man and woman had not fallen, the reproductive organs would be the palace of love... They are the palace of life. They are where life comes into being. They are the palace of lineage. From there, new life is born and lineage is bequeathed. They are the source of our life, our lineage, and our love.

When do the blood and flesh of a man and woman join in harmony? When they make love. The place where they make love is the source of life. The lifeblood of a husband and wife does not intermingle anywhere else. It is also the place where lineages are connected, where lives attach and adhere to each

other. It is where lineage begins and love settles. And it is the only point where love engenders oneness.

Who is the owner of the female organ? Her husband. Who is the owner? The husband, not the woman herself. Then who is the owner of the man's organ? The woman. God is truly amazing. He has interchanged the owners to make it impossible for either to run away.

Learn from creation

You are the lords of creation, so you have to become the kings who can teach all kinds of lovemaking. Animals of different kinds have various styles of lovemaking... Snakes make love for 71 hours! From now on study how animals make love.

We must make the best use of the precious gift from God. It means for us to transform our conjugal sexual life into a work of art, we have to make our spouse feel joy. If we want to make our spouse feel joy, we must learn how to make love through observing nature. We must learn how tigers make love, how snakes make love, how dogs make love... how flies make love and even research and learn how thunder and lightning make love... Thus, for a week, you should try to make love in the styles of tigers, feeling passion greater than a tiger's.

“A man and woman are born into the world to become husband and wife and then to unite with each other in the feeling, I am happy; I am peaceful. God is naturally drawn to find that place of unity and to relate to them. This is the primary motivation driving the relationship between God and humankind. When God and human beings relate in this way, it is good not only for God and human beings. It is also good for the animal, plant and mineral worlds, which welcome that unity with gratitude.” (218-207, 1991 07 29) (2nd CSG p. 1058 #21)

“You need to learn about God's love. It can be compared to an environment of a warm spring day. White clouds gently float in the sky, waves of warm air shimmer up from the ground, insects fly around, ants crawl in and out of their nest to see the world, willow blossoms are in bloom down by the stream, frogs sing new songs of spring, bees swarm and butterflies flutter. You feel intoxicated by these surroundings. You feel that you are about to doze off; however, in reality you are awake and feel so good that you want to remain in this state forever. This is how God feels when He finds His ideal partner. Does it make you feel good to think of this, or does it make you feel bad? These dull-witted men over here may not understand this.” (PHG 660)

Learn from others

We can learn conjugal lovemaking not only from nature but also from the experiences of other persons or other places. The important point is that we must use what we have learned for the sake of our spouse. Through these efforts of two persons to become one, a husband and wife can acquire the highest state of love, create the most excellent life, protect the true lineage and maintain the right conscience.

You should consult and ask women around you, How do you do it? If you want your husband to extend the time of lovemaking because you cannot feel a sexual climax yet, you should ask him to do foreplay much longer.

Overcome shame and idea of the body as unclean

If you look with God's eyes of true love, there will be nothing dirty. God created every part of the human body. Who else created them?

I do not feel any shame at speaking about this. It is natural. If you feel ashamed, it is a habit of the fallen world.

Have you ever kissed each other's sexual organs? How do you like the taste? There is the most exquisite and infinitely endless taste. It is the taste we can never forget even after a thousand years.

"Until now, we have thought ill of erotic love stories because love organs became palaces of wickedness. They became like weapons causing three-fold destruction: the palace that destroys love, the palace that destroys life, and the palace that destroys lineage. They became these three types of destructive palaces. Because they became the palaces that plunge everything in heaven and earth into a world of total darkness, they are called by the worst of all bad words and the most vulgar of all vulgar words.

"Nevertheless, in Korean, the term *ssang* in *ssangsori* (vulgar words) was originally not a bad word. In fact, it is the very word *ssang* in *ssangssang* (pair). That is what is implied when we say *ssangsori*. The word *ssangsori* refers to two people making love to each other, and that cannot be bad. Originally, it was a sacred word. The woman's love organ is the subject partner of all subject partners, for it controls the life of man." (238-34, 1992.11.19 in 2nd CSG p. 1182)

Make noise

Love has value when a couple yearns for each other. A man who gives love feels good when his wife asks for love with her mouth speaking out and her eyes opening wide. You should know that if you remain silent and dull, love will turn back and fly away after coming to you.

When Blessed couples make love, if I have a speaker installed for each family so that the sound of lovemaking can echo to the outside world, everybody can understand how joyful their screaming like mad will become in lovemaking. And I would like to give a special award to the loudest sound-making couples among every one thousand couples or so... You should make love in such a way with deep affection.

Kissing

When you kiss, God comes down there from Heaven.

When your husband kisses you, does he kiss your lips, teeth, or tongue? If her husband pulls out her tongue even a graceful woman says, Ah! And holds her husband more tightly.

Invest Time and Energy

When you go to the spirit world and compete in the time that a husband and wife made love on earth, the longer the total time, the greater the champion you will become; it may be 40 days or several months in total. If a couple makes love for such a long time, can they get divorced? No, they can't. They will come to get along without separating.

Satisfy women

Women are God's final masterpiece. And women have more capacity to receive love than men.

Women are two to five time slower than men. Some women are more than five times slower than men. Therefore, even though they have a conjugal sexual relationship, some women finish their lives without knowing the real taste of lovemaking [orgasm]. That is a man's fault. If the lovemaking is not satisfactory, its negative vibrations will continue for the whole day or the whole month. Sexual satisfaction is absolutely necessary for a woman's health.

A husband should do everything a wife asks for in regards to sex.

“The most difficult obstacles we face in relation to mind and body are those that deal with love. We should be trained and determined enough, such that when we are at the moment of climax in making love, we can totally separate from it and stop the whole process. The love problem is the most difficult. The love organ attached to your body does not belong to you. You are not the owner of it.” (Jan 26, 2002, <https://www.tparents.org/Moon-Talks/SunMyungMoon02/UM020126.htm>)

Become one

The beauty of lovemaking that enables a husband and wife to become one is something like all the cells of the whole body waking up and beginning to dance to the same rhythm. All are endowed with

such a capacity. Five senses will be unified at the time of lovemaking. It is precious. If the husband's and the wife's sexual organs are perfectly harmonious, then the husband can never leave his wife.

Good health

“True Parents have become one with God, and God has become the flesh and bones of True Parents' bodies. In this manner, God has taken the position He was supposed to have had in the Garden of Eden. God's seed never died. It survived, buried in the bones of God's chest. It is being planted again on the earth through your sons and daughters who, after they reach seventeen years of age, are coming together in true marriages. Once the heat of their passion rises to forty, forty-three, even fifty-three degrees Celsius, no viruses or bacteria can survive to infect their offspring. Parents need to do everything possible to prepare their children for that day.” (PHG 1626)

Session 7: Love in Action

Synopsis: Each person expresses and receives love differently so we must make an effort to learn each other's "love language".

"Examples of the law of love between parents and children have been shown in history, but no one has practiced the law of love between man and woman. We haven't seen the content of the law of love between Jesus and the Holy Spirit, a bridegroom and a bride. We have to show this new standard of conjugal love and live according to it." (BIF 487)

"When a husband and wife create a harmony of love, they initiate circular movement. When they become one body in love and bear the fruits of love, God comes down and they go up and they meet in the middle.

"God becomes the center of this sphere, and spherical movement begins. From this central point, connections can be established in any direction. The center of the sphere is the place where harmony of love is realized. It is the place where life emerges and moves, and it is the starting point of human equality and communal philosophy. This is so because the power of love is there. Thus the force that embraces all interactions of the universe is love.

"For human beings love is eternal. It is always one, never two. Once a man and a woman are joined in love, they are to live together for a lifetime and then for eternity, even after death. They are two bodies, but by revolving in oneness with each other, they become as one body.

"When husband and wife become one, they revolve with God to form a four-position foundation of love. This is the ideal world of love. Only true love dwells there; false love cannot invade. When a man and a woman are blessed in marriage by God and achieve perfect oneness, God is able to come to them at any time.

"When they form a four-position foundation of love, they will come to love each other's heart through each other's body, and when they come to love the heart their body will follow." (PHG 673-4)

"Marriage must only happen once. This is a revolutionary teaching." (PHG 1628)

"What is marriage? It is to set one's sights upon a common destiny as a couple. It is to pursue the dual destiny, overcoming the individual destiny. Once you are married, you cannot do whatever you like. You are to follow the destiny of your family at the risk of your life." (BIF 497)

"At first, a man and a woman individually are to find the focal point in which they can settle themselves down in God's heart; then they as a couple should find the settling point of family love by

extending the individual focus. Beginning with the very moment of love, you are one, not two anymore. You cannot behave individually but should collectively take responsibility for everything.” (BIF 497)

“What is at stake in marriage is something very fearful.” (BIF 498)

“The prosperity of your generation does not guarantee the prosperity of your future generations. A minimum of three to seven generations should be settled centered upon God.” (BIF 498)

(Optional) Session 8: Coping with Times of Separation (Usually for military families, but can also be beneficial for missionary couples)

Synopsis: We must learn to identify and learn the negative feelings that may impact the relationship when a partner is deployed and figure out how to process those feelings together. When the partner returns, we must work out a way to renegotiate our roles and responsibilities together and create new routines as a family.

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